

Estd.-1960

Contact :- 8544513365



# UDAYANACHARYA ROSERA COLLEGE

ROSELA (SAMASTIPUR) PIN-848210

(A Constituent Unit of L.N. Mithila University, Kameshwarnagar, Darbhanga-848004)

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Website :- www.urc.ac.in

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Ref. No. ....

Date .....

## Best Practices-1

1. Sensitization of students to the problems of their native places
2. The context that required the initiation of the practice Students come from mostly rural background with less accessibilities. They come with diverse cultural backgrounds. They understand some of the problems of their areas in a better way. They have struggled hard to come up for higher education. They have ambition to improve Conditions of their respective places. Most of the time they are clueless of the direction to move so they agitate and waste their precious energy and sometimes become depressed too. It is very important to channelize their dream and energy in a constructive manner.
3. Objectives of the practice to find some workable solution to mitigate the problem.
4. The Practice Students are suggested to express their problem. According to similarity of problems, groups are created. They discuss and find out common points in their problems. Then with help of teachers some basic features are identified. After deliberation it is decided to chalk out some workable solutions We can take up awareness programmes, demonstrations of techniques, enacting of small acts. Students are trained in these techniques. Small groups students from nearby regions are again created to carry out some of the programmes during their vacation. They are told to bring the response
5. Obstacles faced if any and strategies adopted to overcome them Some students are shy to share their problems. So teachers interact personally to make them express their feelings. Initially it is difficult to form a cohesive group. Some joint activities help them in bonding, Some students are extremely weak in communication. Extra training is provided to them. Some students tend to be aggressive. By involving them in some creative activities their aggression could be controlled.
6. Impact of the practice Introvert student became expressive. Violent tendencies of students could be controlled. Values could be imparted to students. Parents appreciated the positive change in their wards. There was general appreciation of this effort by local communities too.
7. Resources required This could be carried out with minimum resources. Extra time was invested in this. Sometimes costume and make up items were also used when enacting dramas. Some of the techniques need some tools which could be locally procured through philanthropy.

  
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## Best Practice-2

1. Response of College to communities in surrounding
2. The context that required the initiation of the practice:- The college is situated in rural surrounding. It has very dense demography with very poor living condition. Educational and health awareness is very low. Religious and caste composition is also very diverse. Their lives should be benefited by having a premier institute in their neighbourhood. Students also stay in these localities. This provides the institute to come in contact indirectly with people.
3. Objectives of the practice :- Develop mechanism for some of reoccurring problems such as cleanliness drive, literacy mission, blood donation.
4. The Practice:- Students regularly visit these areas in groups and select a location to clean. After cleaning children are taught importance of cleanliness and efforts to local government in making a cleaner environment is highlighted. College keeps information about the blood group of students and presents a platform to bring the needy and helping hand together. Regular blood donation camps are held in which students participate with enthusiasm.
5. Obstacles faced if any and strategies adopted to overcome them (150-200 words) : There constant financial need to maintain these activities but there are some philanthropic people who appreciate and come forward to support these activities.
6. Impact of the practice : Local population is in support of college and make the stay of student comfortable. Students help whenever any emergency comes up. This makes students responsible to needs of society.
7. Resources required : We need to use social media platform to keep connected. We need involvement of some senior and leaders of the society to make it success.

*Principal*  
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Best practices-3

Title of the practice:

**Overcoming the anxiety of students :** Objectives of the practice: The objective of the practice was to mitigate the anxiety among students regarding their studies and carrier during Covid-19 pandemic.

**The context:** student's movements were under restriction due to lockdown to control the spread of COVID-19 pandemic. This had impeded their interaction with teachers and others students. This situation lead to development of anxiety among the students regarding their studies and preparation for their carrier.

**The Practice:** On line social groups were formed and teachers were told to hold online classes and spend some extra time in enquiring about overall wellbeing of the students. Kind words from these teachers well held in high esteemed by teachers and parents. Teachers were told to keep record of any sign of anxiety was observed and share with other faculty member, if gravity of the situation requires so, for wider consultation.

**Evidence of success:** Appreciation by the students and guardian for such practice was first point of success. It developed better understanding between the institution and the family of the students. Students became more open in sharing specific and local needs. As the institution caters to very vast area with diverse groups, different types of problems were brought to light. Students became enthusiastic and after gaining strength they volunteered to alleviate problems in their locality.

**Problems encountered:** some students are by nature introvert. They tend not to share their thoughts with others. In the on-line process there. Was always a chance for them to lag behind. some parents/guardians were also observant with the practice. With passage of time they appreciated these. Though resources from teacher end were not problem but being from the economically poor region not all students could manage Smartphone/laptop/ computer with internet connection

**Resource required:** Some guidelines to teachers to make them resourceful for the practice. Electronic device from the teachers were essential to connect.

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## Best Practice-4

**Title of the practice:** Assistance to the local community during COVID-19

**Objectives of the practice:** The objective of the practice was to assist the local community during the pandemic. The context: The people surrounding the premise of the institute and economically backward. There is there.

**The Practice:** On line social groups were formed and teachers were told to hold online classes and spend some extra time in enquiring about overall wellbeing of the students. Kind words from these teachers well held in high esteemed by teachers and parents. Teachers were told to keep record of any sign of anxiety was observed and share with other faculty member, if gravity of the situation requires so, for wider consultation.

**Evidence of success:** Appreciation by the students and guardian for such practice was first point of success. It developed better understanding between the institution and the family of the students. Students became more open in sharing specific and local needs. As the institution caters to very vast area with diverse groups, different types of problems were brought to light. Students became enthusiastic and after gaining strength they volunteered to alleviate problems in their locality.

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